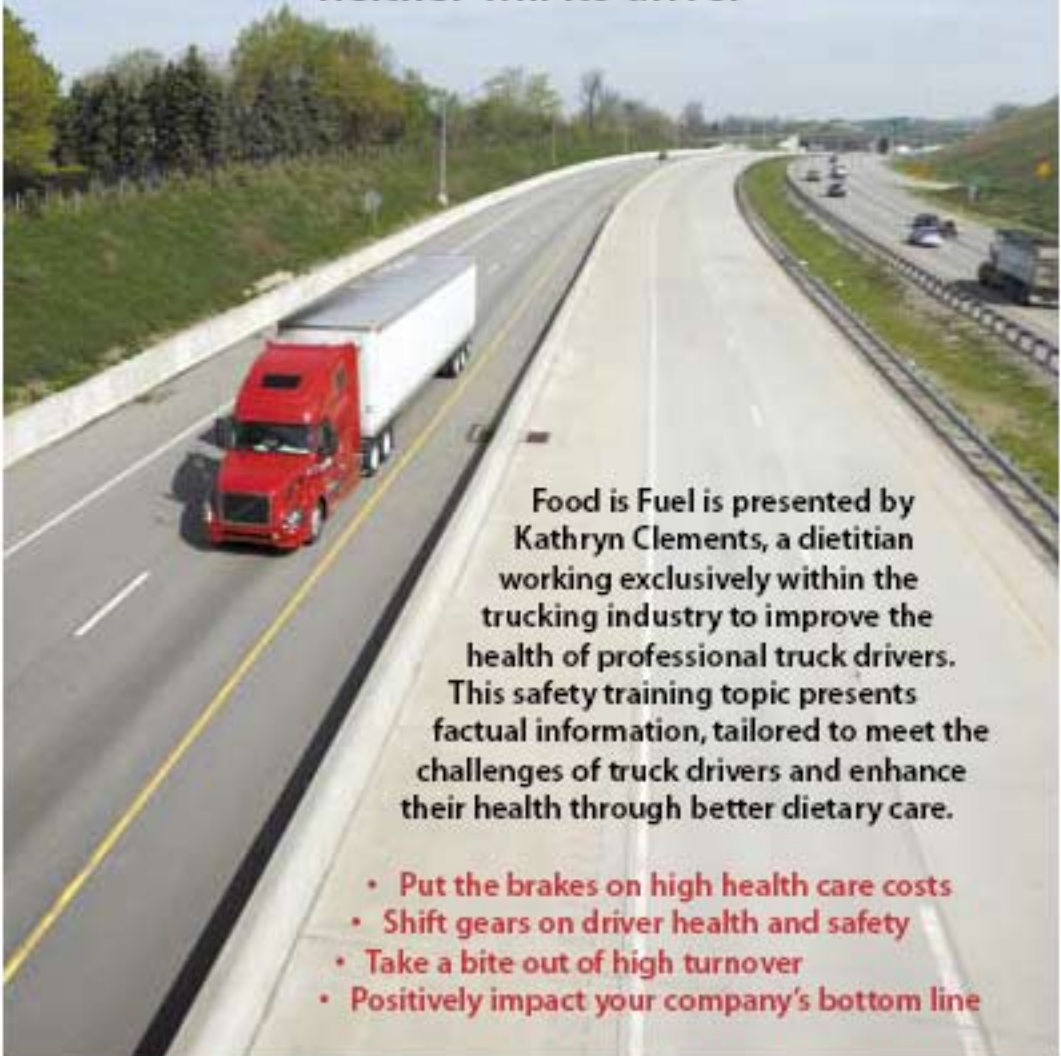


Your next safety meeting ...

# FOOD IS FUEL

A truck won't function  
without proper fuel and regular care ...  
neither will its driver



Food is Fuel is presented by Kathryn Clements, a dietitian working exclusively within the trucking industry to improve the health of professional truck drivers. This safety training topic presents factual information, tailored to meet the challenges of truck drivers and enhance their health through better dietary care.

- Put the brakes on high health care costs
- Shift gears on driver health and safety
- Take a bite out of high turnover
- Positively impact your company's bottom line

Call today to schedule Food Is Fuel for your next safety meeting  
507-263-3020 or [clements@clements-health.com](mailto:clements@clements-health.com)